Patent claims

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- 1. A continuous process for preparing sugar alcohols by catalytic hydrogenation of an aqueous solution of a saccharide, which forms the corresponding sugar alcohol on hydrogenation, in the presence of a ruthenium catalyst which is obtainable by:
 - i) single or multiple treatment of an amorphous silicon-dioxide-based support material with a halogen-free aqueous solution of a low-molecular-weight ruthenium compound and subsequent drying of the treated support material at below 200°C,
 - ii) reducing the solid obtained in i) with hydrogen at from 100 to 350°C,
- step ii) being carried out immediately after step i), which comprises, before the hydrogenation, bringing the aqueous saccharide solution to be hydrogenated into contact with the support material.
- 2. The process according to claim 1, wherein the sugar alcohol prepared is sorbitol or xylitol.
 - 3. The process according to claim 1, wherein the aqueous saccharide solution is a wheat starch hydrolyzate or corn starch hydrolyzate.
- The process according to one of the preceding claims, wherein the aqueous saccharide solution, before the hydrogenation, is forced through silica rods.